

# Katlehong Sports Complex Masakhane Road, Katlehong

Entry forms at:

All Central Gauteng races from October 2013
Sport & Recreation office at the Germiston Stadium
Online entries available at www.entrytime.com or www.sa-active.co.za
All running shops in Gauteng



**■** @SoulCitySportsC





#### (Please Tick The Appropriate Box)

Pre-Race entries	21.1km	R60	10 km	R30				
Race Day entries	21.1km	R70	10 km	R35	Fun Run	R10 Race day only		
Temporary licenses	21.1km	R 25	10km	R20				
Entries taken at the start from 05:30 Grandmasters free – Proof of age to be provided								

#### PERSONAL INFORMATION

Surname:								
First Name(s):								
ID No:			Date of Birth:				e on ce day:	
Physical Address:								
Town:					Postal Co	de:		
T-Shirt Size:	Small	Medium	Large	Large X-L		X-Large		ge

#### **CONTACT DETAILS**

Tel (h):	(w):	(c):
Email:		

#### **EMERGENCY CONTACT**

Full Name:			
Relation:			
Tel (h):	(w):	(c):	:
Email:			

I declare that I am medically fit to walk/run, and if I am under 18, my parent or legal guardian has signed to the effect that I have permission to enter, and that I enter entirely at my own risk. I understand that the organisers/sponsors shall not be responsible for any injury, loss or damage as a consequence of my participating in this event directly or indirectly. I understand that my entry is subject to the organisers discretion and that after acceptance and in the event of cancellation the entry is not refundable.

Signed:	_ Date:	
Parent or Guardian (If under 18 years) Full name:		
Relationship if parent or quardian:		Signature









#### **RACE ENQUIRIES:**

Race Office Tel: (011) 999 0710 or (011) 999 0695 E-mail: roadrace@ekurhuleni.gov.za

Pieter Lötter - 083 287 0492 **Arnold Ravhutulu** - 079 135 4566 Mathapelo Morema - 083 986 6376 **Siphiwe Ngobese** - 072 708 1428

#### **ENTRY POINTS FOR THE HALF MARATHON & 10KM ARE:**

Race office: Ekurhuleni Sport & Recreation Office, Germiston Stadium, Delville Road North, Germiston

R 150

- All Central Gauteng races from October 2013
- www.entrytime.com
- www.sa-active.co.za

5th

Sweatshop, Dunkeld West

#### **MEDALS:**

- Gold: Prize money winners
- Silver: 21.1km sub 90 minutes / 10km sub 40 minutes
- Bronze: 21.1km first 1000 finishers / 10km first 1000 finishers
- Fun run First 2000 finishers

#### **GIVEAWAYS**

- · 21.1km T-shirt & Cap First 600 entrants
- 10 km T-shirt & Cap First 600 entrants
- 5 km Fun Run T-shirts First 500 entrants on race day

#### **PRIZE GIVING**

- 10km @ 08:30
- 21.1km @ 10:00

Collection of race numbers/goody bags/ giveaways will take place on the following days:

Thursday 28 November 2013: 10:00 - 18:00 Friday 29 November 2013: 10:00 - 18:00 Saturday 30 November 2013: 10:00 - 15:00

This can be collected at the Recreation Hall, Germiston Stadium, Delville Road North, Germiston. Please note that no bags can be collected on race day, except the 5km Fun Run.

#### PRIZE MONEY \*Equal prize money for male and female runners

R 100

Position	Open		Veteran		Master		Grand Master		Junior	
	21km	10km	21km	10km	21km	10km	21km	10km	21km	10km
1st	R 1000	R 500	R 250	R 200	R 150	R 100	R 150	R 100	R 200	R 150
2nd	R 600	R 300	R 200	R 150	R 100	R 80			R 150	R 100
3rd	R 350	R 200	R 150	R 100		,	,		V	
4th	R 200	R 150	DIII		•					

- The race is held under the rules of Athletics South Africa and Central Gauteng **Athletics**
- Runners and walkers participate at their own risk.
- Registered athletes must belong to a club affiliated to ASA and must wear club colours and their 2013 licence number on the back of their vests.
- All runners must wear their issued race number on the front of their vests.
- No runners under the age of 13 years on the day will be allowed to enter the 10 km.
- No runners under the age of 16 years on the day will be allowed to enter the
- Runners without ID tags on front and back of vests will not qualify for an age group prize. Numerical age category ID tags must be visible on both front and back of vests.
- No seconding allowed on the route. Ample refreshments stations will be provided on the route.
- Runners indemnify the national, provincial and regional bodies, sponsors and organisers of the race against all/any action of whatever nature that may occur during the race.
- 10. Proof of age to be provided on day of the race.
- 11. All instructions given by traffic officers and marshals must be obeyed.
- 12. No blades, cycles, prams or mechanically operated devices will be allowed in the 21.1 and 10km races.
- 13. No wheelchair athletes will be allowed due to the nature of the route.
- 14. Temporary licensed athletes must wear plain clothing and the issued temporary license on the back of their clothing.
- 15. No pets will be allowed to participate with their owners.
- 16. International athletes must provide a clearance letter to the referee in the event of them winning a prize.
- Temporary licensed athletes are eligible for open and category prizes provided that they have the age category tags clearly visible.
- 18. No iPods, Walkman's, or similar devices are allowed whilst participating.

#### GENERAL INFORMATION

- Flat double lap route ideal for fast
- Last Half Marathon for 2013
- Great festive atmosphere
- Food and refreshments on sale at the start and finish
- Ample toilet and shower facilities
- All participants will qualify for lucky draw prizes.
- All lucky draw prizes will be handed out at the 21.1km prize giving at 10:00
- Participants must be present with their race number in order to qualify for the prizes
- Secure parking and safe route
- Cut of time 3 hours
- Refreshment stations every 3 km
- Walkers welcome



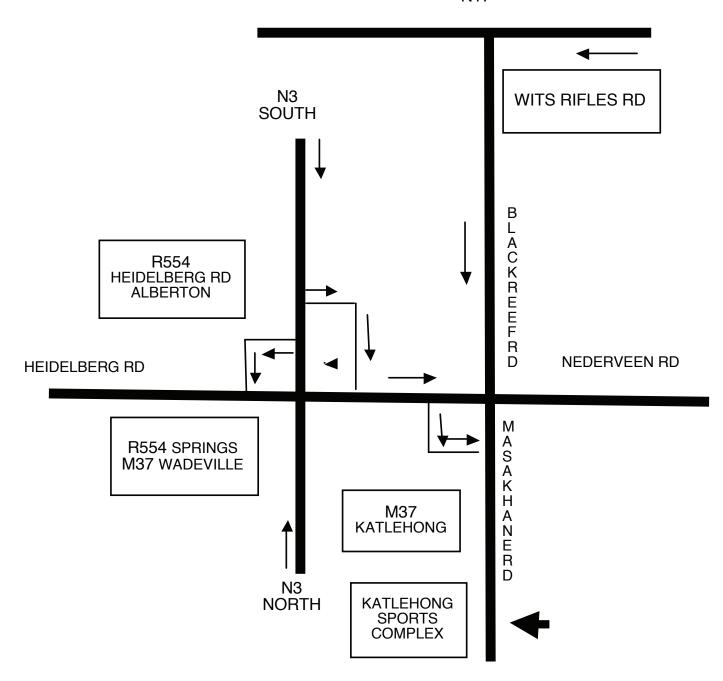






26°18'08.16"S / 28°09'30.78"E

N17



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### **DIRECTIONS**

#### From Johannesburg/Pretoria

- 1. Take N3 South Durban
- 2. Take R554 Heidelberg Road/Alberton off ramp
- 3. At robot turn left (R554 Springs)
- 4. At next robot turn right (M37 Katlehong)
- 5. At next robot turn right (Black Reef Road)
- 6. Katlehong Sports Complex on your right

## From Boksburg / East Rand 1. Take N17 West (Toll road)

- 2. Take Wits Rifles Road off ramp
- 3. At robot turn left into Back Reef Road
- 4. Continue with Black Reef Road till Katlehong Sports Complex on your right



